



AUCKLAND CITY
ATHLETICS CLUB

2024/25 Season

4th February 2025

Congratulations to the ACA members who competed at the ACA Club Night, 2025 Team Ledger Harcourts Capital Classic in Wellington, Go! Series Day 3, Auckland Senior Track & Field Championships and the 2025 Andrew Spence Pharmacies Potts Classic in Hastings.

This Week:

- **Wednesday 5th February** is **ACA Club Night 6pm** at **Mt Smart**.
- **Sunday 9th February** is the **2025 Sir Graeme Douglas International** at Douglas Trust Stadium, Waitakere.
- The registrations for the **2025 NZ T&F Championships** are now open. Please click on this link <https://events.mygameday.app/event/anz2025tfchamps> or refer to the ANZ website. Standard Entries close on 11.59pm Thursday February 20th. Late entries close 11:59 PM, Sunday, 23 February 2025 (Late fee of \$30 applies).

ACA Club Nights – Track and Field Season

ACA club nights are on every Wednesday evenings between 6pm and 7.30pm at Towers Track, Mt Smart. All Secondary School and Registered Club athletes aged 12 years and up are welcome to compete at ACA Wednesday Club Night competitions.

On ACA Club Nights 60 Hurdles will start at normal sprint hurdle start line and be HAND-TIMED at 60m from start line.

Please Note: the following number of Field Event trials will apply unless athlete numbers allow extras:

- HJ - 6 jumps per athlete;
- LJ & TJ - 4 jumps per athlete;
- Discus, Javelin & Shot Put- 4 throws per athlete.

FIELD EVENTS ON ACA CLUB NIGHTS ARE ENTIRELY DEPENDENT ON SUFFICIENT VOLUNTEERS BEING AVAILABLE TO HELP RUN EVENTS.

Feb 2025 - ACA Club Nights Programme

<u>Date</u>	<u>Track Events</u>				<u>Field Events</u>	
	<u>6pm</u>	<u>6.20pm</u>	<u>6.40pm</u>	<u>7pm</u>	<u>6pm</u>	<u>6.45pm</u>
Wednesday 5 th February	60m/100m/Hurdles by request	800m	400m	3000m/ 5000m	LJ/HJ	DT/JT
Wednesday 12 th February	60m/100m/Hurdles by request	1500m	200m	3000m/ 5000m	LJ/TJ	SP
Wednesday 19 th February	ACA Race Night – Fast and Furious Under Lights					
Wednesday 26 th February	60m/100m/Hurdles by request	800m	400m	3000m/ 5000m	LJ/HJ	DT/JT

Programmes are subject to adjustment according to athlete numbers -

The programme may be changed during the season

ACA Race Night 3 – Fast and Furious Under Lights – Wednesday 19th February

ACA Race Night 3 FAST AND FURIOUS UNDER LIGHTS is scheduled at Herb Towers Athletics Track, Go Media Stadium (Mt Smart Track) from 8pm on Wednesday 19th February 2025.

ACA is pleased to announce that we are offering a \$1000 prize for breaking a New Zealand record! (*)

The exact schedule will be confirmed following the close of entries - Draft schedule below:

- 8:00 PM - Women's 100m
- 8:05 PM - Men's 100m
- 8:10 PM - Women's 800m
- 8:20 PM - Men's 800m
- 8:30 PM - Women's 200m
- 8:35 PM - Men's 200m
- 8:40 PM - Women's 400m
- 8:45 PM - Men's 400m
- 8:50 PM - Women's 1500m
- 9:00 PM - Men's 1500m
- 9:10 PM - Mixed 5000m
- 9:40 PM – Finish

This meet is open for all U14, U16, U18, U20, Senior and Masters athletes. Competitors from all clubs race together. The separate events for ACA club members are only provided to determine the entry fees payable.

Please provide a seed time for each event you enter so we can accurately seed the races.

Remember, the final Fast and Furious race night for the season is March 26th.

Download the Roster app to get live results and a feed of photos and updates from the meet!

(*) To be eligible for the \$1000 prize, an athlete must break a U17/U18/U19/U20 or Senior Athletics New Zealand record as per https://www.anzrankings.org.nz/site/records_con and become the new NZ record holder at an ACA Race Night event on 30 Oct 2024, 20 Nov 2024, 19 Feb 2025 or 26 Mar 2025.

ACA Race Nights requires pre-entry for the track events and entries must be made online. ACA Race Night entries are free for ACA athletes.

Please register using the below link or refer to the ACA website for details.

<https://meets.rosterathletics.com/public/competitions/details/about?id=26262>

If you have any questions, please contact auckland.city.athletics@gmail.com



Up and Coming Events

Date	Event	Location
Wednesday 4 th January	ACA Club Night	Towers Track, Mt Smart
Sunday 9 th February	2025 Sir Graeme Douglas International	Douglas Track & Field, Trusts Arena. 65 Central Park Drive, Henderson, Auckland
Wednesday 12 th February	ACA Club Night	Towers Track, Mt Smart
Saturday 15 th February	2025 Porritt Classic	Hamilton
Wednesday 19 th February	ACA Fast and Furious – Under Lights	Towers Track, Mt Smart
Wednesday 26 th February	ACA Club Night	Towers Track, Mt Smart
Wednesday 5 th March	ACA Club Night	Towers Track, Mt Smart
Thursday 6 th – Sunday 9 th March	2025 Jennian Homes New Zealand Track & Field Championships	Caledonian Ground, Dunedin
Wednesday 12 th March	ACA Club Night	Towers Track, Mt Smart
Wednesday 19 th March	ACA Club Night	Towers Track, Mt Smart
Wednesday 26 th March (Change of date due to Auckland Secondary School Athletics)	ACA Fast and Furious – Under Lights	Towers Track, Mt Smart

Questions/Help/Clarification

If you have any questions, please refer to our website acaclub.co.nz otherwise please email auckland.city.athletics.club@gmail.com

